

School Nursing Team

When your child starts school the School Nurse is your point of contact for health and the Health Visitor's role ceases.

You can contact the School Nursing Team directly on **0800 170 7055** option 4 or our Family Support Worker: Sarah Thompson-Fitch can refer you to the team who will then contact you.

The School Nursing Team can provide 1:1 support with your child's:

- ✓ Behaviour
- ✓ Sleep
- ✓ Eating
- ✓ Continence

They also offer Healthy Lifestyle Support with:

- ✓ Fussy Eating
- ✓ Healthy Snacks
- ✓ Weight Management



Continence Support

The team offer a 1 hour **workshop** to begin with which covers bladder training and you are required to complete a fluid chart so that the team can decide on the next steps for your child.

Wellbeing Workshops

These are offered at Rectory Road Clinic every month and are for both parent and child. The group workshop is with a group of 5-7 parents and children.

If you need your child's hearing checked please book an appointment with your G.P.