

# SUBJECT OVERVIEW: Physical Education



<b>INTENT:</b> <i>What we want to achieve</i>	<b>IMPLEMENTATION:</b> <i>How we will achieve it</i>	<b>IMPACT:</b> <i>What the outcome will be</i>
<p>Here at South End Infant School we believe that Physical Education (P.E), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development, and good health. Our P.E curriculum is inclusive and allows all pupils to access a range of physical activities. Resources are updated regularly, ensuring quality and variety, to deliver the curriculum. We ensure pupils are willing to practice and take part in activities and situations, alone, in small groups and in teams, applying skills to achieve high levels of performance and develop a sense of personal achievement.</p> <p>P.E at South End Infant School will also develop pupil's physical literacy and allow them to learn about themselves, the importance of healthy lifestyles, self-expression, decision-making and social skills. We will encourage all pupils to be active throughout a P.E lesson and employ creativity and imagination. Our pupils learn how to collaborate and cooperate as part of an effective team, understanding fairness and equality of play to embed life-long values.</p>	<ul style="list-style-type: none"> <li>● At South End Infant School we provide a well-balanced PE curriculum which carefully plans for progression and depth of skills through a series of lessons taught in line with the requirements of the PE National Curriculum 2014, and the Early Year Foundation Stage outcomes.</li> <li>● Our curriculum is regularly reviewed to ensure that it motivates our children, builds on their experiences, previous learning and expands on developing their skills.</li> <li>● Government funding through the School Sports Premium, has enabled us to provide a high quality of PE and raise the level of participation in sport. The funding supports a specialist PE Coach to work within the school, working alongside teachers to deliver quality provision</li> <li>● All pupils engage in two high quality PE lessons during the course of each week, which provide challenge and enjoyable learning by using a range of sporting activities such as: games, net and wall games, strike and field games, gymnastics and dance. Two of each of these units run simultaneously each term.</li> <li>● Long Term Plans are used to set out units that are to be taught and ensure that the National Curriculum objectives and Early Years Outcomes are fully met.</li> <li>● In the EYFS, opportunities are provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities. (All linked to the EYFS curriculum)</li> <li>● In KS1 the curriculum focuses on fundamental movement skills to develop agility, balance and co-ordination. Curriculum content</li> </ul>	<p>Our curriculum aims to improve both the wellbeing and fitness of all children at South End Infant School, not only through the skills taught, but through the values PE promotes.</p> <p>Our children, by the end of KS1 should be competent in the core skills and be physically ready for KS2 physical education. Competency in these fundamental skills will enable them to apply them to a variety of sports and activities.</p> <p>There are many ways we will measure the pupils' progress within Physical Education:</p> <ul style="list-style-type: none"> <li>● Reflecting on standards achieved against planned outcomes.</li> <li>● Ensuring pupils have a voice within lessons to feedback on their own and other's performance using kind, relevant and helpful comments.</li> <li>● Pupil discussions about their learning, and demonstrations.</li> <li>● Annual tracking across the PE curriculum objectives.</li> </ul> <p>In addition, our PE curriculum will ensure our pupils</p>

All children are encouraged to join clubs and extend their interest and involvement in sport beyond the curriculum. PE is taught in line with the National Curriculum 2014. Each year group covers all areas of the subject as set out in the NC 2014 document. At Key Stage 1 they are : Dance, Games and Gymnastics. In Reception the EYFS outcomes are followed.

includes specific skills for sports and team games, gymnastic and dance activities.

- We provide and continue to develop a broad range of quality resources. Pupils are taught about how to handle equipment and move safely within gymnastics and games.
- Within lessons, there is an emphasis on pupils being able to achieve their personal best, building resilience. Pupils are taught how to play fairly, creating a sense of teamwork, friendship and respect.
- Each lesson is adapted to challenge pupils and provide opportunity for children of all abilities to develop their skills, knowledge and understanding of each key area. SEND children are supported according to their needs and all are fully involved in PE lessons.
- We plan a range of activities that encourages children to develop their creative and expressive abilities.
- Pupils are taught to appreciate the importance of a healthy and fit body, and begin to explore and understand those factors which promote a healthy lifestyle. We encourage our children to make informed decisions which can have a positive impact on the health of themselves and others.
- Children are supported to view Physical Education in context, and where possible cross-curricular links will be made.
- We encourage our children to explore the subject in different ways including working alone, in groups or as a whole class.
- We ensure that the children are taught using correct and appropriate vocabulary for their current stages of development.
- We will continue to develop our assessment systems to enable tracking and assessment to drive learning and development of skills forwards.
- Wherever possible, pupils are given opportunities to take part in extra-curricular sports, which complement the range of activities covered in lesson time.

- Are able to work individually, in a small group and collaboratively in a team.
- Understand the values and importance of fair play and being a 'good sport' and apply these to all aspects of life.
- Will be motivated to take part in a variety of sports as a result of quality teaching that is both engaging and fun.
- Enjoy PE lessons and develop a love of sport that they pursue outside of school and in future life beyond South End Infant School.
- Are equipped with necessary skills and enjoy the success of competitive sports.
- Take ownership and responsibility for their own health and fitness.

Using these skills and values taught, South End Infant School pupils will grow up to lead happy and healthy lives.

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|  | <ul style="list-style-type: none"><li>● Lunchtime supervisors also support the pupils' physical development, providing them with guided games and use of outdoor equipment.</li><li>● In addition, throughout the year, pupils are given opportunities to take part in festivals and compete against each other/children from other local schools in a controlled and safe manner. Pupils are also encouraged to take part in sponsored sports activities.</li></ul> |  |
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