

It took us a long time to decide on the right External Sports Coaching Company for our pupils:

We have used PR Sports Coaching since January 2022, we received an introductory offer of 8 weeks for free and decided to continue for the rest of the academic year, see why below, now Sports premium funding has been confirmed for 22/23 we have secured even more sessions for our children. **During his time coaching Steve followed our lesson plans using The PE Hub – to ensure consistency and progression between Year Groups.**

What SEIS people say...

What YR children say about PE:

It is fun, it makes us smile.

Great skills games e.g. superhero game.

We learned how to play dodgeball.

We learned sport words and skills e.g. bounce, catch, push, jogging, dodge, shoot, pivot, drop, freeze, skip, jump, roll, balance, control.

It has improved our listening skills and we can follow the instructions.

We have improved our balance and ball skills.

We are better at our team work skills and we helped make the decisions.

What Y1 children say about PE:

Harry – “I liked playing a game like football.”

Layla – “I loved skipping.”

Deacon – “I have learned games to play to help me run faster. It was fun.”

Isaac – “I liked playing games with Steve.”

Casen – “With Steve we learned how to under-arm throws and over arm throws. I like the under-arm ones the best – it makes the ball go higher!”

Rosie – “I loved Canon Ball – it helped me aim and jump and dodge the ball.”

Jessica – “I liked the whiteboard, when you do something really good you get to put your name on the whiteboard and then you are asked to do something to help Steve.”

Alfie – “I remember the catching position when you do a “W” ready and this one too (he says demonstrating the “V” ready position.”

How our teachers have benefitted from the Sessions from PR Coaching:

They are succinct lessons, well structured, good progression. I learned new approaches and games. I learned the true capability of EYFS children in sport and team games. I will push them more in the future and encourage them to push themselves. Steve's sporting knowledge means the lessons are taught confidently and with great skill. He knows how to encourage and stretch the pupils. He has the time to plan in depth lessons with exciting content and great outcomes. I have learned a great deal this year and the children have developed at a fast, enjoyable pace – Mrs C Welford

Our Coach taught a series of lessons building on skills and previous experience. Steve took the plans and adapted them to his style of teaching. He made amendments keeping the lesson objectives the same but his main focus was on ensuring all children were involved at all times. He proved very popular throughout and all Year 1 children willingly took part in his lessons. Throughout the Year Group we have noticed a more positive attitude to PE.

As teachers we have continued to practise some of the strategies we observed in Steve's Lessons. These include relevant warm up games, use of correct vocabulary to describe movements and skills – eg bounce, roll, pivot, etc. Use of the white board (which has been purchased for PE specifically and used as a reward system to reinforce good behaviour and engagement in lessons) and to draw diagrams and write key words. We also use strategies to ensure all children are active at all times developing opportunities for working individually, in pairs and small groups. Organisation of lesson and resources have been adapted too following Steve's approach and as such children are given increased ownership of setting up their own resources and games. The year one staff look forward to working with Steve again next academic Year – Mrs S Folwell.

Using the Sports Premium Funding this academic year 21/22 to fund Steve Patrick it has enabled us to have CPD within PE. This has supported us in being more confident in allowing the children to become more independent and use their communication skills to work with one another in groups setting up the equipment for the lesson. It has also encouraged us to up the pace of our own lessons so that the children have variation within the lessons but also how to teach each skill explicitly before using that new skill within a game setting.

The children within our classes have become so much more independent and resilient when they are struggling as they know that they will be continually learning that skill throughout the lesson. The children are excited for Steve's lesson and try their best to join in. They have become much more active, through his fast pace lessons and improved their overall fitness as well as honing in on the specific skills Steve has been teaching. The children have particularly benefited from learning the key vocabulary associated with the skills being taught.

Steve has taught all three classes since the middle of May and all children have progressed with Steve's support – Mrs C Parsons.

All the children in my class have made fantastic progress within several areas of learning due to Steve's PE lessons. His lessons have been adapted to meet children's individual needs taking into account children's strengths and areas needing a little support. Having a male role model in school has been a positive for my class and all the children like and respect Steve. Steve has introduced them to the key vocabulary used within PE lessons and the skills needed to be successful within the lesson. His knowledge of the progression within each lesson is strong but is also adaptable when required, again to meet the needs of the children. Having Steve in to deliver PE lessons has enabled the children to develop their gross motor skills, their confidence, their perseverance, their independence, their teamwork skills and most of all enjoy sports and exercise. Observing Steve during PE has allowed me to see the progression of the lesson and unit of work which has also developed my confidence. Definitely an asset to the school! –Mrs S Berridge

What PR COACHING says:

Reception Year - During term 3 and 4, I covered gymnastics skills with Reception children. Specifically movement, shapes and balance. By the end of the unit the children had improved basic social skills and spatial awareness along with their understanding of the topic and ability to demonstrate understanding of shapes, movement and balance. During the lessons the staff took notes on the lesson terminology, content and also how to encourage the children to show understanding during the lesson with use of the White board.

Key Stage 1 - During term 5 and 6, I worked with the children and staff from Year 1 and 2 to improve team games and ball skill activities. With Year 1, the focus was on coordination, reactions, agility, teamwork and different ways of moving the ball, (drop, roll, bounce, push etc). With Year 2, we were able to cover the same skills and progress to a higher level adding in a tactical theme to their work. Again the White board was used with the children having access all lesson to write key words on the board to demonstrate understanding of the lesson. The staff were encouraged to make notes and be actively involved in the sessions reinforcing lesson objectives. Throughout the last term the children showed good physical progression and understanding to enable them progress during the next academic year, particularly the children moving up into year 3. I believe the staff have embraced the PE lessons and now we are all using the same techniques and terminology to provide the children with 2 high quality PE lessons a week.