



South End Infant School



Being Happy at School

Our Golden School Rules

1. We are kind and helpful.
2. We are gentle.
3. We listen to other people.
4. We are honest.
5. We look after property.



Being Happy at School

At school we want you to feel safe and happy.

At school we learn to be kind to each other.



When someone is **not** kind **we want to know**.



Ways of being unkind

Sometimes we hurt people but we don't mean it. When this happens, we say **sorry**. This is what happens **most** of the time in school.



Sometimes you may get **hurt** on **purpose**.

They may hurt you by kicking or hitting you.



They may hurt you by making you **feel** silly, calling you names or making you feel **left out**.

Bullying

Bullying is when you keep picking on someone because you think you are better than them or in charge of them.

- Calling someone **names**.
- Hurting your **feelings**.
- Not letting you **play games**.
- Making fun of someone's **size**.
- Making fun of the **colour** of **skin**.
- Making fun of the way someone **talks**.
- **Pushing, Punching** or **kicking**.



Being Friends

When we are friends it should make us feel **good** and **happy**.

Words for **good** friendships:

fun honest share listen
safe trust equal support



Words for **bad** friendships:

push hit bossy scared
angry nervous sad alone



NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR



P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

S PEAK UP, SOMEONE
CAN HELP



What do I do if I am being hurt?

The first thing you should do is **tell someone**.

You could tell the **person**, tell a **friend** or tell a **teacher**.



You should **try not** to:

- **Do** what the person says.
- Let what the person says or does **upset** you.
- Get **angry** or hit them.

Who can I tell?

If you feel sad or upset **tell someone**.

If your **friend** feels sad or upset **tell someone**.



You can tell a **teacher** or an **adult** at **school** or at **home** and they will **help** you.



Let's keep South End Infant School a
happy place!